



**White Belt  
Music**

# Exercises

**Directions:** Write in the missing counts below each rhythm pattern. Once complete, practice counting and clapping each line.

4/4    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪

4/4    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪

4/4    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪    ♪ ♪ ♪ ♪

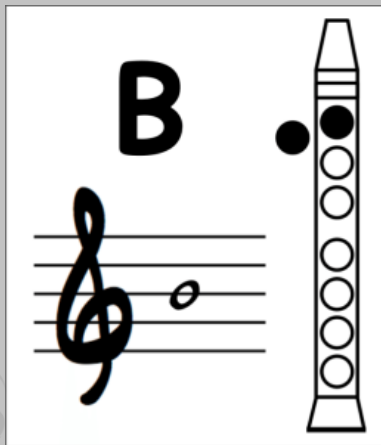
Challenge!  
 Can you fill in  
 the missing items?

Note/Rest	Name	Number of Beats
♪		
♪♪		
♪♪♪		

# How to play 'B'

'B' is played by:

- placing your left thumb on the thumb hole
- Placing your right pointer finger on the top tone hole



# Exercises

**Directions:** Write in the letter names below each rhythm pattern. Once complete, practice the finger positions, sizzling, and playing each line.



Tips for playing: When practicing, cover all holes tightly- leaks cause squeaks! The left hand is always placed above the right hand. Remember to use warm gentle air!



White Belt Song

